University of **Lethbridge**

Bachelor of Science

Psychology

Psychology delves into what makes people tick. Psychologists study the relationship between mind and behaviour by investigating the nature of thought processes and behaviours in humans and other animals. Psychologists also study the evolutionary, social and cultural factors affecting the development of our thoughts and behaviours, focusing on topics that have a direct bearing on our day-to-day experience. A major in Psychology will help you develop skills in analyzing and interpreting complex material, particularly as it relates to behaviour.

What determines my program requirements?

Please refer to the Academic Calendar (www.ulethbridge.ca/ross/academic-calendar) for complete program information.

Calendar Year: 2026/2027 - Your calendar year is set to the academic year you are admitted (or readmitted) and you should follow the requirements for that year for the duration of your program.

Faculty/School: Faculty of Arts and Science (www.ulethbridge.ca/artsci)

Program(s): Bachelor of Science

Major(s): Psychology

Minor: A defined set of courses, designed to provide depth in a particular discipline, study in an interdisciplinary area, or focus on a theme-related topic. To learn more about optional minors see www.ulethbridge.ca/ross/minors.

Am I admissible to this program?

Admission: www.ulethbridge.ca/ross/admissions/undergrad
Transfer: www.ulethbridge.ca/ross/transfer-resources

When/How do I apply to the University?

Deadlines: www.ulethbridge.ca/ross/admissions/undergrad/deadlines
Step-by-Step: www.ulethbridge.ca/ross/admissions/step-by-step

Where can I find information on courses?

Course Catalogue: www.ulethbridge.ca/ross/courses
Registration Guide: www.ulethbridge.ca/ross/registration-guide

When can I register for classes?

Register early! (March for Summer and Fall; November for Winter)
Registration Dates: www.ulethbridge.ca/ross/registration-dates

How can I enhance my program?

Career Bridge: www.ulethbridge.ca/career-bridge
Co-op Education: www.ulethbridge.ca/career-bridge/co-operative-education
Honours Thesis: www.ulethbridge.ca/ross/undergraduate-thesis
Double Major: www.ulethbridge.ca/ross/double-major

What supports are available to students?

Student Services: www.ulethbridge.ca/campus-life/student-services
Student Success Centre: www.ulethbridge.ca/student-success-centre
Accessible Learning: www.ulethbridge.ca/ross/alc
Counselling Services: www.ulethbridge.ca/counselling

Version: February 17, 2026

Name:_____

ID: | | | | | | | |

Major Requirements (19 Courses)

_____ **1.** Neuroscience 2610 - Principles of Brain Structure and Function
_____ **2.** Neuroscience 2620 - Principles of Behavioural Neuroscience
_____ **3.** Psychology 1010 - Introduction to Psychology A: Evolution, Mechanisms, and Cognition/Perception
_____ **4.** Psychology 1020 - Introduction to Psychology B: Developmental, Sociocultural, and Abnormal
_____ **5.** Psychology 1030 - Key Skills in Psychology
_____ **6.** Psychology 2005 - Psychological Sketches: Straight from the Researchers
_____ **7.** Psychology 2030 - Thinking with Data I
_____ **8.** Psychology 2110 - Introduction to Child Development
_____ **9.** Psychology 2330 - Learning and Cognition
_____ **10.** Psychology 2650 - Individual Differences
_____ **11.** Psychology 2700 - Behaviour and Evolution
_____ **12.** Psychology 2800 - Social Psychology
_____ **13.** **One of (Evolution):**
  _____ [1] Biology 3300 - Evolution
  _____ Neuroscience 3710 - Behaviour and the Evolution of Brains
  _____ Neuroscience 3720 - Play Behaviour
  _____ Psychology 3635 - Evolution and Psychobiology of Religious Behaviour
  _____ Psychology 3760 - Animal Communication
  _____ Psychology 3790 - A Biosocial Framework for Human Behaviour
_____ **14.** **One of (Mechanisms):**
  _____ Neuroscience 3600 - Fundamental Neurobiology
  _____ Neuroscience 3610 - Human Neuropsychology
  _____ Neuroscience 3615 - Functional Neuroanatomy
  _____ Neuroscience 3640 - Brain Plasticity and Memory
  _____ Psychology 3525 - Hormones and Behaviour
  _____ Psychology 3535 - Drugs and Behaviour
_____ **15.** **One of (Cognition and Perception):**
  _____ Neuroscience 3645 - Cognitive Neuroscience I
  _____ Psychology 3040 - Experimental Forensic Psychology
  _____ Psychology 3050 - Human Cognition
  _____ Psychology 3360 - Sensation and Perception
  _____ Psychology 3770 - Primate Lives and Human Cognitive Evolution
_____ **16.** One course (3.0 credit hours) in Psychology at the 4000 level, excluding Undergraduate Thesis (Psychology 4995), Independent Study (Psychology 4990), and Applied Studies (Psychology 4980)

  _____
_____ **17.-19.** Three additional courses (9.0 credit hours) in Psychology or Neuroscience at the 3000 or 4000 level, at least one of which must be designated as Science
  _____ 17._____
  _____ 18._____
  _____ 19._____

Notes

[1] This course has a prerequisite or corequisite that is not required for the major.

To determine if a given course has a Science designation, see List III: Science Courses (see **School of Liberal Education** in the 2026/2027 University of Lethbridge Calendar, www.ulethbridge.ca/ross/academic-calendar).

Students who wish to pursue graduate studies in Psychology should consider the Undergraduate Thesis option and should take Psychology 3400. Students who wish to pursue graduate studies in Neuroscience should, in addition, take Neuroscience 3605, and may wish to consider a major in Neuroscience.

Electives (21 Courses)

_____ **20.-40.** Twenty-one additional courses (63.0 credit hours) chosen to complete program requirements
  _____ 20._____
  _____ 21._____
  _____ 22._____
  _____ 23._____
  _____ 24._____
  _____ 25._____
  _____ 26._____
  _____ 27._____
  _____ 28._____
  _____ 29._____
  _____ 30._____
  _____ 31._____
  _____ 32._____
  _____ 33._____
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  _____ 35._____
  _____ 36._____
  _____ 37._____
  _____ 38._____
  _____ 39._____
  _____ 40._____

Optional Concentration: Animal Behaviour

Courses taken to complete the concentration will fill in as electives in the program requirements above.

For information about the Animal Behaviour concentration, see **Faculty of Arts and Science** in the 2026/2027 University of Lethbridge Calendar, www.ulethbridge.ca/ross/academic-calendar.

_____ **1.-5.** **Required Courses**
  _____ 1._____
  _____ 2._____
  _____ 3._____
  _____ 4._____
  _____ 5._____

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Liberal Education List Requirement

Only four courses (12.0 credit hours) in total may be counted from any one discipline toward the Lib Ed Requirement. Disciplines are identified by separate course subject codes. Cross-listed courses count toward the limit for both disciplines (e.g. Geography 3225/Global Business 3225 counts toward the limit for Geography and Dhillon School of Business courses).

Only four courses (12.0 credit hours) in total from the Faculty of Education (EDUC), Faculty of Health Sciences (AMHC, HLSC, INHL, NURS, PUBH, and TREC), and the Dhillon School of Business (ACCT, AGEM, DGTR, FINC, GLBU, HRLR, IGBM, MGT, and MKTG) may be counted towards the Lib Ed Requirement.

To determine if a course has a Liberal Education designation, see School of Liberal Education in the 2026/2027 University of Lethbridge Undergraduate Calendar, www.ulethbridge.ca/ross/academic-calendar.

_____ **1.-4.** **List I: Fine Arts and Humanities**

_____ 1._____
_____ 2._____
_____ 3._____
_____ 4._____

_____ **5.-8.** **List II: Social Science**

_____ 5._____
_____ 6._____
_____ 7._____
_____ 8._____

_____ **9.-12.** **List III: Science**

_____ 9._____
_____ 10._____
_____ 11._____
_____ 12._____

General Requirements

_____ A minimum of 40 courses (120.0 credit hours) with a GPA of at least 2.00.

_____ A maximum of five Independent Study courses (15.0 credit hours) may be completed for credit towards the degree.

_____ A maximum of five Disciplinary Credit Applied Studies courses (15.0 credit hours) may be completed for credit towards the degree. Students may, in addition, complete Applied Studies 2000, 2001, 2010, and 2011.

_____ A maximum of 24 courses (72.0 credit hours) may be completed from any one discipline for credit towards the degree. Disciplines are identified by a specific course label (e.g. KNES, ASTR, and HIST are separate disciplines).

_____ A maximum of 6.0 credit hours in Activity courses (i.e. courses labelled PHAC and MUSE) may be completed for credit towards the degree, except for Kinesiology majors (not more than 15.0 credit hours) and Music majors (not more than 12.0 credit hours).

_____ A maximum of six courses (18.0 credit hours) from disciplines offered outside the Faculty of Arts and Science, Faculty of Fine Arts, or School of Liberal Education may be completed for credit towards the degree (i.e. labelled ACCT, AGEM, AMHC, CDEV, CRED, DGTR, EDUC, FINC, GLBU, HLSC, HRLR, IGBM, INHL, MGT, MKTG, NURS, PUBH, and TREC). Courses cross-listed between the Faculty of Arts and Science and another Faculty or School do not count towards this limit.

_____ Residence requirement: a minimum of 20 courses (60.0 credit hours) must be completed at the University of Lethbridge, including at least 10 courses (30.0 credit hours) from disciplines offered by the Faculty of Arts and Science, Faculty of Fine Arts, or School of Liberal Education at the 3000/4000 level. At least half of the courses required in the major must be completed at the University of Lethbridge.

A **maximum** of 12 courses (36.0 credit hours) may be completed at the 1000 level (or lower) for credit towards the degree, excluding Activity courses (labelled PHAC and MUSE) and courses numbered in the range of 0520 to 0530.

_____ **1.-12.** **Introductory Course Limit**

_____ 1._____
_____ 2._____
_____ 3._____
_____ 4._____
_____ 5._____
_____ 6._____
_____ 7._____
_____ 8._____
_____ 9._____
_____ 10._____
_____ 11._____
_____ 12._____

A **minimum** of 15 courses (45.0 credit hours) from disciplines offered by the Faculty of Arts and Science, Faculty of Fine Arts, or School of Liberal Education at the 3000/4000 level, excluding Activity courses (labelled PHAC and MUSE). Out-of-faculty courses (i.e. labelled ACCT, AGEM, AMHC, CDEV, CRED, DGTR, EDUC, FINC, GLBU, HLSC, HRLR, IGBM, INHL, MGT, MKTG, NURS, PUBH, and TREC) will not meet this requirement.

_____ **1.-15.** **Senior Course Requirement**

_____ 1._____
_____ 2._____
_____ 3._____
_____ 4._____
_____ 5._____
_____ 6._____
_____ 7._____
_____ 8._____
_____ 9._____
_____ 10._____
_____ 11._____
_____ 12._____
_____ 13._____
_____ 14._____
_____ 15._____

Optional Minor:_____

For information about minors see **Minors** in the 2026/2027 University of Lethbridge Calendar, www.ulethbridge.ca/ross/academic-calendar.
Consult with an Academic Advisor if you wish to add a minor to your program.

_____ **1.-6.** **Required Courses**

_____ 1._____
_____ 2._____
_____ 3._____
_____ 4._____
_____ 5._____
_____ 6._____

Shown below is the recommended sequence of courses for your degree. Consult timetables for course offerings, prerequisites, and corequisites before registering each term as some courses may have limited offerings (ie. once a year, alternating years, or only offered in the Fall or Winter terms).

Consult with an Academic Advisor in your faculty if you wish to alter this sequence with regard to the specifically listed courses.

Note that this sequence was prepared based on course scheduling at the time of publication and <u>may</u> change during your studies.

First Year

Psychology 1010
Psychology 1020
Psychology 1030
Psychology 2030
Psychology 2005
Lib Ed Requirement course
Lib Ed Requirement course
Lib Ed Requirement course
Lib Ed Requirement course
Lib Ed Requirement course

Second Year

Neuroscience 2610
Neuroscience 2620
Psychology 2110
Psychology 2330
Psychology 2650
Psychology 2700
Psychology 2800
Lib Ed Requirement course
Elective
Elective

Third Year

Psychology 3000-level list course
Psychology 3000-level list course
Psychology 3000-level list course
Psychology 3000/4000 level (Science)
Elective 3000/4000 level
Elective 3000/4000 level
Elective 3000/4000 level
Elective
Elective
Elective

Fourth Year

Psychology 4000 level
Psychology 3000/4000 level
Psychology 3000/4000 level
Elective 3000/4000 level
Elective 3000/4000 level
Elective 3000/4000 level
Elective 3000/4000 level
Elective 3000/4000 level
Elective
Elective

Note: Courses in bold in Years 1 and 2 of the sample sequence are prerequisite(s) for required courses and should be completed early in your program. Students are advised to review the prerequisites for elective courses within the major and plan accordingly.